



OCTOBER 2025

WED, OCTOBER 8

POP-UP MOBILE DETAILING

9:00 AM - 12:00 PM | CVAC Parking Lot
Monterey Bay Auto Spa comes to CVAC with this pop-up event, offering \$25 off detailing packages, from quick cleans to full interior and exterior treatments.

OCTOBER 10, 11, & 12

CVAC TENNIS CLUB CHAMPIONSHIP

Tennis Courts

\$30/Singles & \$40/Doubles (Per Team)

Claim your place in club history or simply compete for fun in our CVAC Tennis Club Championship! It's more than another match. It is the ultimate test of skill, endurance, and heart among friends and fellow members. Singles, Doubles, Mixed Doubles.

Register with Jon at Jon@CVACLife.com or at the Front Desk.

OCTOBER 10 & 24

PICKLEBALL CHALLENGE COMPETITION

4:00 - 5:30 PM | Pickleball Courts

\$15/Member to Participate

A competitive event that features rotations of players who compete to earn points and move up and down courts. Scores will be tallied each session. This event is designed for competitive pickleball players looking for match play.

FRI, OCTOBER 10

FALL FEST

5:00 - 7:00 PM | CVAC Lobby

Complimentary Entry | Food & Drinks for Purchase

Celebrate the fall season with us at our Fall Fest! Enjoy live tunes from Scott Slaughter, dust off your cowboy hat with line dancing, and discover local artisan vendors, including handmade jewelry and a local blacksmith's custom creations.

Members receive complimentary entry with food and beverages available for purchase. Gather friends, bring your appetite, and join us for this festive fall evening.

Please note that soft-sole shoes are required for line dancing.

SUN, OCTOBER 19

LET'S HIKE WITH PUPS!

8:30 - 11:30 AM | Jacks Peak County Park

Complimentary

Join us at Jacks Peak County Park for the Pine Trail to Coffeeberry Trail to Rhus Trail Loop (4.1 mi, 793ft elevation gain). Come with your pup, or just yourself! Register on the Member Portal for better communication with you.

FRI, OCTOBER 24

PARENTS' NIGHT OUT: TRICK-OR-TREAT

5:00 - 8:00 PM | Kids' Club

\$35/Child | Ages 2+

Enjoy an evening out while the kids celebrate Halloween at CVAC! Candy buckets or bags from home are encouraged. Registration closes Oct. 21.

FRI, OCTOBER 31 HALLOWEEN PICKLEBALL SOCIAL

4:00 - 6:00 PM | Pickleball Courts

Complimentary

Join us on the courts for a festive evening of pickleball this Halloween. Don your costume, rally with friends, and say hello to Joaquin while you are out there.

SAT, NOVEMBER 1 SAN JOSE SHARKS GAME

1:00 PM | SAP Stadium

\$90/Person for Group Tickets

Grab your jersey and join us as the Sharks take on the Avalanche. We'll rally in teal, swap high-fives, and make some rink-side noise together. Want a seat with our group? Email Jeff at jeff@cvaclife.com.

SAVE THE DATE

11/8—FASCIAL ALIGNMENT FOR PEAK PERFORMANCE

11/14—PARENTS' NIGHT OUT: MOVIE NIGHT

11/17—WINTER WARRIOR

VIRTUAL FITNESS CHALLENGE

11/27—TURKEY TROT 5K!

To register, visit the Member Portal, the CVAC App, or call the CVAC Concierge at (831) 624-2737.

For paid events, please cancel at least 24 hours prior to the event start time to receive a full refund.

LIVE MUSIC | LINE DANCING | ARTISAN VENDORS
CHILI COOKOFF | FOOD & BEVERAGES

The word "FALL" is written in large, bold, brown serif capital letters. The word "fest" is written in a smaller, brown, cursive script font below it. Several autumn leaves in shades of yellow, orange, and brown are scattered around the letters. A single orange pumpkin with a green stem and leaf is positioned in front of the letter "L". In the background, there is a faint, circular watermark logo for the "CARMICHAEL VALLEY AMATEUR ATHLETIC CLUB INC." featuring a stylized building and the number "8".

FALL fest

OCTOBER 10TH
5-7 PM

Complimentary Entry.
Food & Beverages for Purchase.



CLUB CHAMPIONSHIP

OCTOBER 10, 11, & 12

\$30 SINGLES | \$40 DOUBLES (PER TEAM)

OPEN TO CVAC MEMBERS ONLY

Beginner/Intermediate & Open divisions:
Singles • Doubles • Mixed Doubles

Doubles register with partner

Email Jon@CVACLife.com to Register
or see Front Desk



Let's be social!

LET'S HIKE WITH PUPS! JACKS PEAK

8:30 - 11:30 AM | SUNDAY, OCT. 19

Join us at Jacks Peak County Park for the Pine Trail to Coffeeberry Trail to Rhus Trail Loop (4.1 mi, 793ft elevation gain). Come with your pup, or just yourself!

Bring water, sunscreen, snacks, and dog necessities. Pups not required to join the hike and feel free to invite any friend and family member. The more the merrier!

**Register on the Member Portal for better communication with you.
Contact Kimi Hori, Fitness Manager, for more information.**



PARENTS' NIGHT OUT



5-8 PM | FRIDAY, OCT. 24

AT KID'S CLUB

\$35/CHILD | AGES 2+

Enjoy an evening out while the kids celebrate Halloween at CVAC! Your little goblin will dress up in costume, enjoy pizza, and trick-or-treat throughout the club. Candy buckets or bags from home are encouraged.

Please register by October 21

REGISTER THROUGH THE MEMBER PORTAL



HALLOWEEN PICKLEBALL SOCIAL

FRIDAY, OCTOBER 31 | 4-6 PM

Join us on the courts for a festive evening of pickleball this Halloween.
Don your costume, rally with friends, and say hello to Joaquin while
you are out there.



A Complimentary Event | All Levels Welcome

REGISTER THROUGH THE MEMBER PORTAL OR CONCIERGE

Registration closes October 24



SMALL GROUP TRAINING

Personal Attention. Community Support. Real Results



Ladies Who Lift

Level Up

Cold Plunge

Mom Strong

Mobility Solutions

& More



**SCAN QR TO
LEARN MORE**

OR EMAIL DIANA@CVACLIFE.COM TO LEARN MORE



Reach 500+ Local Runners & Families this Thanksgiving



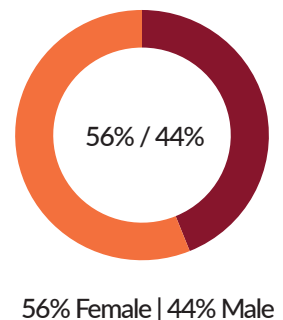
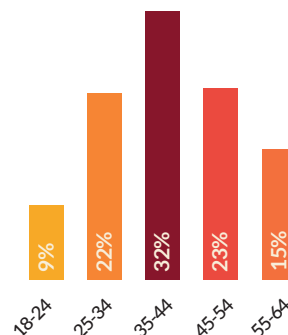
Reach 500+ local runners and families at this beloved Thanksgiving 5K, while 100% of proceeds go directly to The Food Bank for Monterey County. The 12th Annual CVAC Turkey Trot starts 9:00 AM, Thu, Nov 27, 2025 on the South Bank Trail.



Your Sponsorship's Impact

- Helps the **1 in 5** people in Monterey County who struggle with hunger
- Supports **90,000** of our neighbors, over half of whom are children.
- Ensures **more funds** go directly to the **Food Bank's** vital programs.

Our Local Audience



Past Sponsors:



"We had a great time... It's a lot of fun and I love the energy at the finish line."
- Chris Cleary. Owner of The Treadmill & Coast Carmel

2025 Sponsorship Levels

Join us as a key partner in making this year's Turkey Trot the most successful yet. Choose the sponsorship level that best fits your company's goals.



Opportunities	Tracker \$250	Carver \$500	Gobbler \$1000
Logo on event shirt*			
Logo on event website			
Logo in event emails			
Logo on event poster			
Social media posts		2	4
CVAC newsletter email		Logo Placement in One Email	Logo Featured in One Email
Radio spot on KRML			Name in 1 KRML Spot**
On-stage Name Mention			
Logo on event signage			
Booth at the event			
Race registrations	2	4	6
Logo on a mile marker			
CVAC Entrance Banner***			

*Must reserve by November 10, 2025 | **30+ day KRML radio spot. ***Opportunity to hang your company banner.

Become a Sponsor

To reserve your sponsorship, please contact Mary Schafer at Mary@CVACLife.com or scan QR code.

