



MONTHLY MEMBERSHIP EVENT CALENDAR

MARCH 2025

THUR, MARCH 6

CVAC BOOK CLUB DISCUSSION

5:30 - 6:30 PM | CVAC Lobby
Complimentary

Join us for our second gathering as we discuss *What We Wished For* and reveal our next book! Connect with fellow readers, share insights, and dive into great conversation. We meet every six weeks. Register through the Member Portal by March 3.

TUE, MARCH 18

START OF PICKLEBALL CLINICS

Tuesdays & Thursdays | 4:00 - 5:00 PM
Pickleball Courts | \$35/Member
& \$45/Non-Member

Whether you're perfecting your serve or just getting started, these sessions are designed to help you sharpen your skills and have fun along the way.

TUE, MARCH 18

SPRING EQUINOX SOUND BATH WITH YIN YOGA

7:00 - 8:15 PM | Mind & Body Center
\$35/Member | \$45 Non-Member

Please join us for a deeply restorative evening created to help you release physical tension and experience deep peace mentally with a combined Sound Bath and Yin Yoga Practice. Register through the Member Portal.

THUR, MARCH 20

GLASS ETCHING

5:00 - 6:00 PM | Fitness Studio
\$20/Member

Unleash your creativity with glass etching! Join our very own Paige & Mary for a hands-on workshop where you'll learn the art of etching using provided stencils and etching cream. All materials and glassware are included. Please register through the Member Portal before March 13.

THUR, MARCH 20

WINE TASTING WITH TWISTED ROOTS

5:00 - 7:00 PM | Cafe
Complimentary glass with additional glasses for purchase

Join us at the Cafe for a complimentary wine tasting event featuring live music and additional glasses of wine for purchase. Please register through the Member Portal by March 13.

FRI, MARCH 21

PARENTS' NIGHT OUT: MOVIE NIGHT

5:00 - 8:00 PM | Kids' Club
\$35/Child

Parents, enjoy an evening off property while your child plays games, has pizza, and enjoys some popcorn while watching a movie at Kids' Club. Please email Mary to inquire about what movie will be shown. Please register by March 18.

SAT, MARCH 22

KIDS TENNIS PLAY DAY

1:00 - 6:00 PM | Tennis Courts
Complimentary

Bring your kids for a free tennis assessment with Tennis Director Jon Kooy! Classes are available for ages 5+ with fun, level-based instruction focusing on technique, gameplay, and sportsmanship. To reserve, contact Jon Kooy at Jon@CVACLife.com.

SAT, MARCH 22

WOODY'S AT CVAC OPENS

11:00 AM | Woody's at CVAC

FRI, MARCH 28

PICKLEBALL MIXER

5:00 - 7:00 PM | Pickleball Courts
Complimentary

Join us on the courts for a fun and social evening of pickleball! This is a great opportunity to meet fellow players, enjoy some friendly competition, and get to know our new Pickleball Instructor, Joaquin Duran. All levels are welcome.

SAVE THE DATE

4/10—LINE DANCING NIGHT

4/18—PARENTS' NIGHT OUT: EASTER FUN

4/28—VIRTUAL WEIGHTLOSS CHALLENGE

To register, visit the Member Portal or call the CVAC Concierge at (831) 624-2737.



SPRING EQUINOX SOUND BATH WITH YIN YOGA



TUESDAY
18
MARCH

**Release, Receive, Restore
With Wendy Moro and Brook Ewoldsen**

Unwind with a soothing blend of Yin Yoga and healing sound vibrations. Gentle poses release tension while Tibetan bowls, chimes, and other sacred instruments calm the mind. Leave feeling restored and ready for deep rest.

\$35/MEMBER | \$45/NON-MEMBER

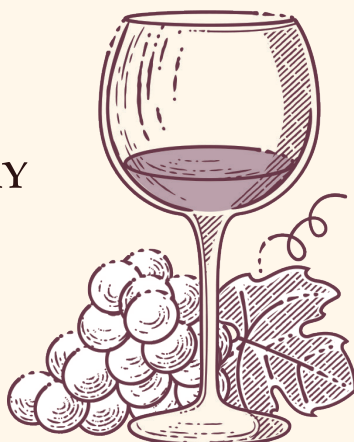
**7:00 - 8:15 PM
MIND & BODY
CENTER**

PLEASE REGISTER THROUGH THE MEMBER PORTAL



Twisted Roots *Wine Tasting*

COMPLIMENTARY
WINE TASTING



**MARCH
20**

5:00 - 7:00 PM

Join us at the Café for a complimentary wine tasting with Twisted Roots Winery, featuring live entertainment by Scott Slaughter. Enjoy a curated selection of wines, with additional glasses available for \$5 each.

Please register by March 13

**REGISTER THROUGH
THE MEMBER PORTAL**



Glass Etching

THURSDAY, MARCH 20th



5:00-6:00 PM
\$20/MEMBER

FITNESS
STUDIO

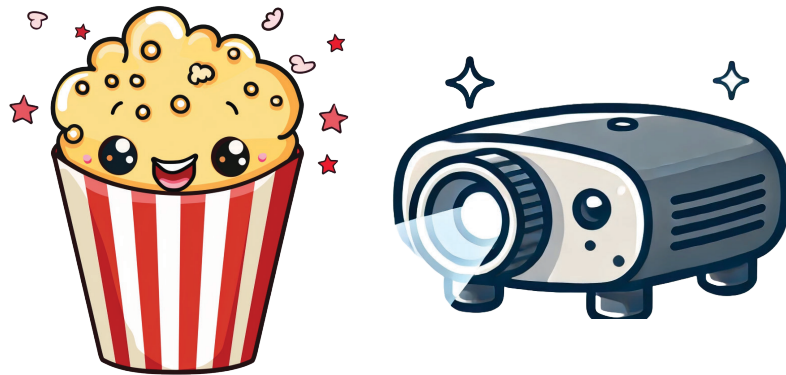
Unleash your creativity with glass etching! Join our very own Paige & Mary for a hands-on workshop where you'll learn the art of etching using provided stencils and etching cream. All materials and glassware are included - just bring your artistic spirit.

This event runs alongside our wine tasting, but please note: if you'd like to enjoy both, be sure to register for each separately.

Registration Deadline: March 13th



PARENTS' NIGHT OUT MOVIE NIGHT!



5-8 PM | FRIDAY, MARCH 21ST
AT KIDS' CLUB
\$35/CHILD | AGES 2+

Parents may enjoy an evening off property while their child plays games, has pizza, and enjoys some popcorn while watching a movie at Kids' Club. Parents may email Mary at Mary@CVACLife.com to inquire what movie will be shown.

Please register by March 18th

REGISTER THROUGH THE MEMBER PORTAL