



Cafe



Menu



DRINKS

GREEN MONSTER JUICE

*kale, spinach, strawberry, banana,
dates*
\$8.00

AFTER WORKOUT MARGARITA

*el jefe tequila, grand marnier, triple
sec, margarita mix*
\$15.00

POMEGRANATE & VODKA

\$15.00

SIDES

SWEET POTATO FRIES *smokey sea*

salt, saffron aioli sauce
\$7.00

FRENCH FRIES

\$6.50

CHICKEN QUESADILLA

\$18.00

SALAD

CHINESE CHICKEN SALAD

*grilled marinated chicken breast, cabbage, cashews,
soy ginger dressing*
\$19.00

GRILLED ROSEMARY TOSSED CHICKEN COBB SALAD

*chicken breast, bacon, bleu cheese crumbles, egg,
tomatoes, avocado*
\$19.00

CLASSIC CAESAR SALAD

romaine, parmesan, tomato, croutons, caesar dressing
\$14.00

CHICKEN CAESAR SALAD

romaine, parmesan, tomato, croutons, caesar dressing
\$19.00

CHEF'S LUNCH PLATE

*tuna or chicken salad, mixed greens, avocado, fruit,
cottage cheese*
\$19.00

HEALTH NUT SALAD

*mixed greens, tomatoes, avocado, sunflower seeds, raisins,
swiss cheese, tuna or chicken salad*
\$19.00

BURGERS

choice of salad, french fries, fruit salad or cottage cheese

CVAC CHEESE BURGER

1/2 pound angus beef patty, cheese, lettuce, tomato, onions
\$17.00

COWBOY BURGER

1/2 pound angus beef patty, bacon, bbq sauce, grilled onions
\$18.00

CALIFORNIA BURGER

1/2 pound angus beef, avocado, cheese, lettuce, tomato, onions
\$18.00

VEGGIE BURGER

1/2 pound black bean patty, lettuce, tomato, onions
\$16.00

HOUSE SPECIALTIES

FISH TACOS

petrale sole, shredded lettuce, avocado, salsa fresca, fruit
\$23.00

BLACKENED SALMON SALAD

mixed greens, tomatoes, avocado, sprouts, cilantro vinaigrette
\$24.00

WRAPS

choice of fries or cottage cheese and sweet potato fries for \$3.00

SPICY CHICKEN WRAP

jalapeño cheese, avocado, tomatoes, mixed greens
\$19.00

CHEF CHICKEN WRAP

grilled chicken breast, chimichuri, avocado, tomatoes, mixed green, feta cheese, balsamic vinaigrette
\$19.00

ITALIAN CHICKEN WRAP

grilled chicken breast sun dried tomatoes, pesto, mozzarella cheese, spinach, avocado, balsamic vinaigrette
\$19.00

CLUB WRAP

turkey, bacon, avocado, tomatoes, lettuce, mayonnaise
\$19.00

CHICKEN CAESAR WRAP REGULAR OR BLACKENED

chicken breast, lettuce, parmesan cheese, caesar dressing
\$19.00

KELSIE WRAP

chicken, mixed greens, alfalfa sprouts, avocado sunflower seeds, raisins, swiss cheese, balsamic vinaigrette
\$19.00

VEGETARIAN WRAP

hummus, avocado, zucchini, red bell pepper, mixed greens
\$17.00

SANDWICHES

BLACKENED CHICKEN BREAST SANDWICH

chicken breast, bell peppers, jack cheese, tomatoes, chipotle aioli
\$19.00

B.L.T. SANDWICH

bacon, romaine lettuce, tomatoes, mayonnaise
\$17.00

CVAC CLUB SANDWICH

turkey, bacon avocado, tomatoes, lettuce, mayonnaise
\$18.00

CHICKEN AIOLI SANDWICH

chicken breast, bell pepper, jack cheese, tomatoes, avocado
\$19.00

TUNA MELT

tuna salad, cheddar cheese, wheat bread
\$17.00

VEGETARIAN

PORTOBELLO MUSHROOM BURGER

spinach, red bell pepper, tomatoes, pickles, & artichoke pesto
\$19.00

VEGETARIAN WRAP

hummus, avocado, zucchini, red bell pepper, mixed greens
\$17.00

VEGGIE BURGER

\$19.00

IMPOSSIBLE BURGER

\$19.00

JUNIOR MENU

choice of salad, french fries or fresh fruit

CHICKEN TENDERS

\$13.00

HOT DOG

\$11.00

GRILLED CHEESE

\$10.00

CHEESE QUESADILLA

\$11.00

PEANUT BUTTER & JELLY

\$11.00

MINI BURGER

\$11.00

BOWL OF FRUIT

\$11.00

BREAKFAST MENU

EGG BURRITO

tomato, onion, serranos, spinach, and your choice of turkey, ham, bacon or chorizo

\$12.00

SIDES

SOUP OF THE DAY

\$10.00

BOWL OF CHILI

\$10.00



*We hope to
see you again!*

